

Product Price List

No	Product	Retail Price	Summaries	
1	BULK Chocolate & Vanilla		<ul style="list-style-type: none"> - Hard Gainers, Underweight, Teenagers - More Calories For Hard Training - Precise Mix of Proteins, Carbohydrate and Vitamins - 60gms Before or After Exercise - Per Serve: 223 Cal, Protein 26.6g, Carb 23.4g, Fat 1.98g 	
		420gm		1,150
		1.08kg		1,950
		2.28kg	3,900	
2	P High Protein Chocolate & Vanilla		<ul style="list-style-type: none"> - Whey Isolate, Whey Concentrate and Milk Proteins - High in BCAAs and Other Amino Acids - Delicious, Creamy Taste - 45g After Exercise or Between Meals - Per Serve: 171 Cal, Protein 30g, Carb 9.6g, Fat 1.2g 	
		375gm		1,150
		900gm	2,120	
3	Recover Whey Chocolate & Vanilla		<ul style="list-style-type: none"> - Instantised & Microfiltered Whey Protein - General Health and Active Lifestyles - Rich Source of Amino Acids - 30gms After Exercise or Anytime - Per Serve: 120 Cal, Protein 22.1g, Carb 3.6g, Fat 1.9g 	
		900gm		1,975
		1.9kg	3,650	
4	Muscle Defence Chocolate & Vanilla		<ul style="list-style-type: none"> - Instantised WPI, Hydrolyzed WPI, Free Form Amino Acids and Casein Protein. - Muscle Growth and Preventing Muscle Breakdown - Low Fat, Low Sugar, Low Lactose - 30gms After Exercise and/or Before Sleep - Per Serve: 113 Cal, Protein 25.7g, Carb 1.4g, Fat 0.3g 	
		900gm		2,400
		1.9kg	4,400	
5	LEAN (WPI) Chocolate & Vanilla		<ul style="list-style-type: none"> - Instantised and Microfiltered Whey Protein Isolate - Fastest Absorbing Protein Available - Low Fat, Low Sugar, Low Lactose - 30gms After Exercise or Anytime - Per Serve: 114 Cal, Protein 24.8g, Carb 2.0g, Fat 0.6g 	
		900gm		2,850
		1.9kg	4,990	
6	P Low Carb Protein 350g		<ul style="list-style-type: none"> - Delicious WPI blend with added L Glutamine - Low Carb Muscle Recovery and Growth - 30g After Exercise Or Anytime - Per serve: 120 Cal, Protein 21.1g, Carbs 4.5g, Fat 1.8g 	
		Iced Chocolate		1,150

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Musashi – Supporting Elite Athletes for 29 years

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7	P30 High Protein 375ml	155	<ul style="list-style-type: none"> - Delicious, Convenient, High Protein Milk Drink - 30g of Protein, Low Fat, High Calcium - Whey Isolate, Whey Concentrate, Casein and Milk Protein - Post Exercise Recovery and Energy Boost - Per Serve: 249 Cal, Protein 30g, Carb 28g, Fat 1.12g
			
8	L-Carnitine 60 500mg Capsules	2,050	<ul style="list-style-type: none"> - Boosts Fat Metabolism - Prevents Fatigue and Increases Stamina - Supports Heart Health - 60 500mg Capsules - 2-4 caps Before Exercise and in Morning
			
9	BCAA's 60 500mg Capsules	900	<ul style="list-style-type: none"> - Prevents Muscle Tissue Breakdown and Fatigue - Absorbed Directly by Muscles - Both Cardiovascular and Fat Loss Programmes - 60 500mg Capsules - 2-4 Caps After Exercise and/or before Sleep
			
10	L-Arginine 75gm	1,250	<ul style="list-style-type: none"> - Precursor to Creatine and Nitric Oxide - Erectile Dysfunction and Blood Flow - Boosts Growth Hormone Production - Assists Protein Synthesis and Immune function - Recovery: 5g After Training and 5g before bed - Pre-Workout Energy Boost: 3-5g before exercise
			
11	Creatine Monohydrate	350g 1,350	<ul style="list-style-type: none"> - Energy for Muscle Growth - Improves High Intensity Exercise Performance - 99% Pure Pharmaceutical Grade - "Load" 20-30g for 5-7 Days - "Maintain" 5-10g for 30-60 Days
		Creapure Power & Strength	
12	L-Glutamine	350g 1,850	<ul style="list-style-type: none"> - Strenuous Exercise and Stress - Muscle Sparing, Growth and Recovery - Immune System and Recovery From illness - Gastrointestinal Function - 3-5g as Required
		Energy & Immune System	
13	Bulk Bar Chocolate	170/ Bar	<ul style="list-style-type: none"> - Athletes – Gym Users – Muscle Gain - 27 grams Protein, 16 Vitamins and Minerals - Builds Strength and Speeds Muscle Recovery - Great for Hunger – Feel Fuller for Longer - Per Serve: 297 Cal, Protein 27g, Carb 10g, Fat 7.1g
			

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14	P8	85/ Bar	<ul style="list-style-type: none"> - Delicious Guilt Free Low Carb Snack - Dark Chocolate Coconut and Milk Chocolate Fudge Flavours - Per 30 g Bar: 101 Cal, Protein 8.9g, Carb 0.9g, Fat 2.8g
	 <p>Lo Carb Protein Bar</p>		
15	P45	180/ Bar	<ul style="list-style-type: none"> - Huge 45g of protein bar - Supports Muscle & Boosts Energy - Cookies and Cream & Choc Nut Flavours - Per 90g Bar: 335 Cal, Protein 45.9g, Carb 2.3g, Fat 6.8g
	 <p>High Protein Bar</p>		
16	Growling Dog Energy Bar	120/ Bar	<ul style="list-style-type: none"> -24-22% Protein With 2.1g of Creatine -Energy Bars With Added Free Form Amino Acids -No Artificial Colours Or Sweeteners -Per Serve: 232 Cal, Protein 15.6g, Carbs 29.25g, Fat 3.9g (Chocolate Flavour) -Chocolate and Apricot Flavour
	 <p>High Energy Bar</p>		

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Musashi is a premium Australian Sports Nutrition brand that is part of the Vitaco group of companies, a leading Australasian natural health product manufacturer, supplying quality natural health products around the globe. Vitaco has more than 100 years' experience in the natural health industry with a product portfolio that includes sports nutrition, dietary supplements and healthy foods and beverages.

Musashi was established in 1987, and named after the famous Japanese philosopher and swordsman Miyamoto Musashi. The brand initially launched with a range of 5 amino acid blends in accordance with an ancient Chinese understanding of man's elements. 28 years on, working alongside some of Australia's highest profile athletes and powered by a commitment to push the boundaries in sports nutrition, the brand has grown and expanded to include protein powders, bars, drinks and amino acids designed to help improve the sporting performance of athletes and the general wellbeing of active people the world over.

All Musashi products are GMO free and Musashi proteins use whey sourced from New Zealand and Australian dairy herds that are not given hormones to boost growth.