








PRODUCT SUMMARIES

		RETAIL PRICE		KEY PRODUCT POINTS
1	Creapure[®] Creatine Monohydrate			
		100g	450	<ul style="list-style-type: none"> - 99% Pure Pharmaceutical Grade - Energy for Muscle Growth - Improves High Intensity Exercise Performance - "Load" For 5-7 days - "Maintain" For 30-60 days
		250g	900.	
		500g	1,700	
2	L-Glutamine			
		250g	1,450	<ul style="list-style-type: none"> - Strenuous Exercise and Stress - Muscle Sparing, Growth and Recovery - Immune System and Illness Recovery - Free Form Powder - 3-5 grams as required
		500g	1,950	
3	Omega 3			
		90 x 1,000mg Capsules	950	<ul style="list-style-type: none"> - 90 Capsules - 330mg of EPA and 220mg of DHA per Capsule - Lowers Triglycerides and Blood Pressure - Strongly Anti-inflammatory - 2-4 Capsules per Day
4	CLA			
		90 x 1,000mg Capsules	1,700	<ul style="list-style-type: none"> - 750mg of CLA per Capsule - Immune and Antioxidant Function, Improves Cholesterol Profile - Increases Metabolic Rate and Boosts Fat Loss - 2 Capsules 3 Times Daily With Meals
5	L-Carnitine			
		100 x 500mg Capsules	1,700	<ul style="list-style-type: none"> - Safe and Effective Fat Burner, Supports Heart Health - Prevents Fatigue and Increases Stamina - Useful for Both Weight Training and Cardio - 2-4 Capsules Before Exercise and in Morning

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6	Green Tea Extract		
	100 x 300mg Capsules	1,050	<ul style="list-style-type: none"> - Fat Loss, Antioxidant - Improves Blood Sugar and Cholesterol Profile - Prevents Inflammation and Fight Disease - 1-3 Capsules Daily
7	Acetyl L-Carnitine		
	90 x 500mg Capsules	1,550	<ul style="list-style-type: none"> - Assist Fat Loss - Boosts Energy - Improves Memory and Blood Flow in The Brain - Antioxidant - 2-3 Capsules per day
8	Creapure® Creatine Capsules		
	90 x 700mg Capsules	650	<ul style="list-style-type: none"> - Pure Creapure Creatine – World’s Best Creatine - Increases Power and Strength - High Intensity Exercise Performance - Boosts Speed and Assists Muscle Development - 2 Capsules 3 Times Daily
9	BCAA Capsules		
	200 x 724mg Capsules	1,700	<ul style="list-style-type: none"> - 500mg BCAAs per Capsule, Added Vitamin B6 - Prevents Muscle Tissue Breakdown and Fatigue - Both Men and Women - Absorbed Directly By Muscles - 6 Capsules Before & After Training
	500 x 724mg Capsules	2,999	
10	Zinc Matrix		
	90 x 862mg Capsules	1,050	<ul style="list-style-type: none"> - Zinc, Copper, Boron and Magnesium - Testosterone Maintenance, Fertility and Immune Fuction - Assists Carbohydrate Metabolism - Protein Synthesis and Cognitive Function - Highly Bioavailable Ingredients - 3 Capsules Before Sleep
11	Whey Refresh WPI RTD		
	500ml	230	<ul style="list-style-type: none"> - Water Based Post Workout Drink - 30 grams of Pure Whey Protein Isolate - No Fats, Sugars or Carbs - Sweetened With Stevia - Tropical Punch and Orange Burst Flavours

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Free from GMO ingredients, trans fats, added suger and soy protein

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12	Diet Carnitine Pre-Workout RTD			
	500ml	180.00	<ul style="list-style-type: none"> - Water Based Pre Workout Fat Loss Drink - 1,500mg of L-Carnitine - No Fats, Sugars or Carbs - Low Calorie – Just 31 Calories per bottle - Sweetened With Stevia - Lemon Flavour 	
13	Muscle Bomb RTD			
	500ml	180	<ul style="list-style-type: none"> - Water Based Pre Workout Energy & Fat Loss Drink - 1,500mg L-Carnitine - 750mg Taurine, 250mg Caffeine - No Fats, Sugars or Carbs - Sweetened With Stevia - Orange Burst, Tropical Punch and Lemon Flavours 	
14	Instant Mass Pro			
	2.727kg	3,600	<ul style="list-style-type: none"> - Perfect Balance of Proteins & Carbs, Vitamins & minerals - Ideal for Gaining Muscle or Training Hard - Low Fat, Low Sugar Weight Gainer 	
	5.44kg	6,000	<ul style="list-style-type: none"> - Added Zinc, Boron, Magnesium & Vitamin D - Per 136g Serve: 524cal, Protein 54g, Carbs 60g, Fat 4.8g - Chocolate Perfection, Strawberry & Cream Flavours 	
15	Micro Whey – Native Whey Isolate			
	909g	2,800	<ul style="list-style-type: none"> - Native Whey Isolate & Cross Flow Micro Filtered Whey Protein Isolate - 88% Protein, Negligible Lactose, Fat or Carbs - Fastest Absorbing & Highest Quality Whey Available. 	
	2.27kg	5,500	<ul style="list-style-type: none"> - Per 30g Serve : 107cal, Protein 26.4g, Carb 0.6g, Fat 0.1g - Delicious Banana, Chocolate, Strawberry and Vanilla Flavours 	
16	The Edge			
	1.5kg Orange Burst Flavour	1,900	<ul style="list-style-type: none"> - High Carbohydrate Product For Endurance - Precise Combination of Glucose Polymers and Crystalline Fructose with 15% WPI - PlasmaMax™ Mineral and Electrolyte Complex - Per 25g Serve : 94kj, Protein 3.6g, Carbs 19.8g, Fat <0.1g 	

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17	Instant Whey Pro			
		900g	2,000	<ul style="list-style-type: none"> - Guaranteed 80% protein content - Whey Isolates Used as Main Protein Source - Made from Grass Fed EU Dairy - Free From added soy, sugars and palm oil - 4 Varieties of Friendly Bacteria - Per 25g Serve, Energy 97cal , Protein 20g, Carbs 1.6g, Fat 1.1g - Chocolate peanut butter
		2.2kg	4,000	
18	Instant Mass Heavy Weight.			
		2.4kg	2,400	<ul style="list-style-type: none"> - Calorie-dense Weight Gainer for Hard Trainers and Hard Gainers - Massive Dose of Sophisticated Quattro Protein Blend - 3g of Creapure Creatine and 18 Vitamins and Minerals per serve - Complex Carbs - No Added Sugars, Corn Syrups or Fructose - Per 300g serve:1,160cal, Protein 60g, Carbs 219g, Sugars 3g, Fat 4.8g - Chocolate Perfection and Strawberries and Cream
		5.44kg	4,500	
19	Reflex R-Bar			
		60g High Protein Bar	155/Bar	<ul style="list-style-type: none"> - 60g bar with 20g of EU Grass Fed Dairy Protein - High in Fibre, Low Sugar, Naturally Sweetened with Stevia - Healthy Fats like Nut and Cocoa Butter - Free From Palm Oil, Gluten, Artificial Flavourings and Colours - Per Serve: 213cal, Protein 20g, Carb 9g, Fat 9g - Cookies & Cream , Double Chocolate Brownie, Cherry Bakewell

About Us

Reflex Nutrition has been producing the finest sports supplements since 1996. Reflex Nutrition are committed to creating unsurpassable, innovative products across all nutritional groups in order to help men and women across the world achieve their nutritional and physical goals.

From the highest quality whey protein powders, to supplements that support weight management and health and wellbeing, Reflex Nutrition have over 20 years' experience in the industry and are driven by an unwavering passion for delivering results. At their UK-based Reflex Nutrition factory, they combine the finest ingredients to create world-class products. Reflex Nutrition's mission is to provide customers with nothing but the best - and this is something that they are confident they achieve every single day.

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