

# PRODUCT SUMMARIES

		RETAIL PRICE		KEY PRODUCT POINTS
<b>1</b>	<b>Creapure® Creatine Monohydrate</b>			
		100g	450	<ul style="list-style-type: none"> <li>- 99% Pure Pharmaceutical Grade</li> <li>- Energy for Muscle Growth</li> <li>- Improves High Intensity Exercise Performance</li> <li>- “Load” For 5-7 days</li> <li>- “Maintain” For 30-60 days</li> </ul>
		250g	900.	
		500g	1,700	
<b>2</b>	<b>L-Glutamine</b>			
		250g	1,450	<ul style="list-style-type: none"> <li>- <b>Strenuous Exercise and Stress</b></li> <li>- <b>Muscle Sparing, Growth and Recovery</b></li> <li>- <b>Immune System and Illness Recovery</b></li> <li>- <b>Free Form Powder</b></li> <li>- <b>3-5 grams as required</b></li> </ul>
		500g	1,950	
<b>3</b>	<b>Omega 3</b>			
		90 x 1,000mg Capsules	950	<ul style="list-style-type: none"> <li>- 90 Capsules</li> <li>- 330mg of EPA and 220mg of DHA per Capsule</li> <li>- Lowers Triglycerides and Blood Pressure</li> <li>- Strongly Anti-inflammatory</li> <li>- 2-4 Capsules per Day</li> </ul>
<b>4</b>	<b>CLA</b>			
		90 x 1,000mg Capsules	1,700	<ul style="list-style-type: none"> <li>- 750mg of CLA per Capsule</li> <li>- Immune and Antioxidant Function, Improves Cholesterol Profile</li> <li>- Increases Metabolic Rate and Boosts Fat Loss</li> <li>- 2 Capsules 3 Times Daily With Meals</li> </ul>
<b>5</b>	<b>L-Carnitine</b>			
		100 x 500mg Capsules	1,700	<ul style="list-style-type: none"> <li>- Safe and Effective Fat Burner, Supports Heart Health</li> <li>- Prevents Fatigue and Increases Stamina</li> <li>- Useful for Both Weight Training and Cardio</li> <li>- 2-4 Capsules Before Exercise and in Morning</li> </ul>

**RETAIL PRICE**





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<b>6</b>	<b>Green Tea Extract</b>		
	100 x 300mg Capsules	1,050	<ul style="list-style-type: none"> <li>- Fat Loss, Antioxidant</li> <li>- Improves Blood Sugar and Cholesterol Profile</li> <li>- Prevents Inflammation and Fight Disease</li> <li>- 1-3 Capsules Daily</li> </ul>
<b>7</b>	<b>Acetyl L-Carnitine</b>		
	90 x 500mg Capsules	1,550	<ul style="list-style-type: none"> <li>- Assist Fat Loss</li> <li>- Boosts Energy</li> <li>- Improves Memory and Blood Flow in The Brain</li> <li>- Antioxidant</li> <li>- 2-3 Capsules per day</li> </ul>
<b>8</b>	<b>Creapure® Creatine Capsules</b>		
	90 x 700mg Capsules	650	<ul style="list-style-type: none"> <li>- Pure Creapure Creatine – World’s Best Creatine</li> <li>- Increases Power and Strength</li> <li>- High Intensity Exercise Performance</li> <li>- Boosts Speed and Assists Muscle Development</li> <li>- 2 Capsules 3 Times Daily</li> </ul>
<b>9</b>	<b>BCAA Capsules</b>		
	200 x 724mg Capsules	1,700	<ul style="list-style-type: none"> <li>- 500mg BCAAs per Capsule, Added Vitamin B6</li> <li>- Prevents Muscle Tissue Breakdown and Fatigue</li> <li>- Both Men and Women</li> <li>- Absorbed Directly By Muscles</li> <li>- 6 Capsules Before &amp; After Training</li> </ul>
	500 x 724mg Capsules	2,999	
<b>10</b>	<b>Zinc Matrix</b>		
	90 x 862mg Capsules	1,050	<ul style="list-style-type: none"> <li>- Zinc, Copper, Boron and Magnesium</li> <li>- Testosterone Maintenance, Fertility and Immune Fuction</li> <li>- Assists Carbohydrate Metabolism</li> <li>- Protein Synthesis and Cognitive Function</li> <li>- Highly Bioavailable Ingredients</li> <li>- 3 Capsules Before Sleep</li> </ul>
<b>11</b>	<b>Micro Whey – Native Whey Isolate</b>		
	909g	2,800	<ul style="list-style-type: none"> <li>- Native Whey Isolate &amp; Cross Flow Micro Filtered Whey Protein Isolate</li> <li>- 88% Protein, Negligible Lactose, Fat or Carbs</li> <li>- Fastest Absorbing &amp; Highest Quality Whey Available.</li> <li>- Per 30g Serve : 107cal, Protein 26.4g, Carb 0.6g, Fat 0.1g</li> <li>- Delicious Banana, Chocolate, Strawberry and Vanilla Flavours</li> </ul>
	2.27kg	5,500	

**Sourced From 100% Grass Fed EU Dairy**  
**Free from GMO ingredients, trans fats, added sugar and soy protein**  
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12		The Edge		
	1.5kg Orange Burst Flavour	1,900	<ul style="list-style-type: none"> <li>- High Carbohydrate Product For Endurance</li> <li>- Precise Combination of Glucose Polymers and Crystalline Fructose with 15% WPI</li> <li>- PlasmaMax™ Mineral and Electrolyte Complex</li> <li>- Per 25g Serve : 94kj, Protein 3.6g, Carbs 19.8g, Fat &lt;0.1g</li> </ul>	
13		Instant Whey Pro		
	900g	2,000	<ul style="list-style-type: none"> <li>- Guaranteed 80% protein content</li> <li>- Whey Isolates Used as Main Protein Source</li> <li>- Made from Grass Fed EU Dairy</li> <li>- Free From added soy, sugars and palm oil</li> <li>- 4 Varieties of Friendly Bacteria</li> <li>- Per 25g Serve, Energy 97cal , Protein 20g, Carbs 1.6g, Fat 1.1g</li> <li>- Chocolate peanut butter</li> </ul>	
	2.2kg	4,000		
14		Instant Mass Heavy Weight.		
	2.4kg	2,400	<ul style="list-style-type: none"> <li>- Calorie-dense Weight Gainer for Hard Trainers and Hard Gainers</li> <li>- Massive Dose of Sophisticated Quattro Protein Blend</li> <li>- 3g of Creapure Creatine and 18 Vitamins and Minerals per serve</li> <li>- Complex Carbs - No Added Sugars, Corn Syrups or Fructose</li> <li>- Per 300g serve:1,160cal, Protein 60g, Carbs 219g, Sugars 3g, Fat 4.8g</li> <li>- Chocolate Perfection and Strawberries and Cream</li> </ul>	
	5.44kg	4,500		
15		Reflex R-Bar		
	60g High Protein Bar	155/Bar	<ul style="list-style-type: none"> <li>- 60g bar with 20g of EU Grass Fed Dairy Protein</li> <li>- High in Fibre, Low Sugar, Naturally Sweetened with Stevia</li> <li>- Healthy Fats like Nut and Cocoa Butter</li> <li>- Free From Palm Oil, Gluten, Artificial Flavourings and Colours</li> <li>- Per Serve: 213cal, Protein 20g, Carb 9g, Fat 9g</li> <li>- Cookies &amp; Cream , Double Chocolate Brownie, Cherry Bakewell</li> </ul>	

### About Us

Reflex Nutrition has been producing the finest sports supplements since 1996. Reflex Nutrition are committed to creating unsurpassable, innovative products across all nutritional groups in order to help men and women across the world achieve their nutritional and physical goals.

From the highest quality whey protein powders, to supplements that support weight management and health and wellbeing, Reflex Nutrition have over 20 years' experience in the industry and are driven by an unwavering passion for delivering results. At their UK-based Reflex Nutrition factory, they combine the finest ingredients to create world-class products. Reflex Nutrition's mission is to provide customers with nothing but the best - and this is something that they are confident they achieve every single day.

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